

# 8 Day Balneological Package Tbilisi-Tskaltubo

## Medical Tours

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### Overview

#### 8 Day Balneological Package Tbilisi-Tskaltubo

The 8-Day Balneological Package Tbilisi-Tskaltubo is a therapeutic program that includes accommodation, transportation, and various spa treatments in the cities of Tbilisi and Tskaltubo in Georgia.

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### Tour details

- Code: 8D-TTS-BP
  - Starts from: Tbilisi
  - Max. Group Size: 5 Adults
  - Duration: 8 Days
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### Prices

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### Sights to Visit

- [Svetitskhoveli Cathedral](#)
  - [Jvari Monastery](#)
  - [Prometheus Cave](#)
  - [The Chronicle of Georgia](#)
  - [Tskaltubo Spa- town](#)
  - [Tbilisi Balneological Resort](#)
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### Itinerary

#### DAY 1: ARRIVAL IN TBILISI AIRPORT

Meet and greet, transfer to the hotel.

Overnight in Tbilisi.

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## **Day 2: Tbilisi Hedone Wellness Center-Post flight procedure for heavy leg**

Breakfast at the hotel. Drive to Hedone Wellness center and have one of the most effective post-flight treatments for heavy legs - massage with pressotherapy. (60/90 minutes)

After the procedure visit the Chronicle of Georgia, often referred to as Georgia's Stonehenge. This huge bronze monument from the late Soviet period depicts a brief history of Georgia and overlooks the Tbilisi Sea. The site offers a magnificent view of Tbilisi and the valley of the Mtkvari River.

Overnight in Tbilisi.

### **Day 3: Tbilisi-Mtskheta-Prometheus Cave-Tskaltubo**

Breakfast at the hotel. Drive to the West side of Georgia – Tskaltubo. On the road drive to Mtskheta – the ancient capital of East Georgia. Visit 2 monuments included in UNESCO world heritage list:

Jvari monastery of 6th c - the culmination of artistic and architectural aspirations in early Georgian Christian architecture.

Svetitskhoveli Cathedral of 11th c - one of the most sacred places in whole Georgia, with the Christ's robe preserved in the Cathedral.

Next visit Prometheus caves - one of the most popular and largest international tourist caves. The caves have various types of stalactites, stalagmites, curtains, petrified waterfalls, cave pearls, underground rivers, and lakes. The cluster of six caves differs significantly from each other in scale and the unique shapes of petrified flowstones found within.

Check-in at the Tskaltubo hotel for dinner and overnight.

## **Day 4: Tskaltubo Balneological Resort (Facial, Head, Body massage, facial mask)**

Breakfast at the hotel. Have a relaxing day with 2 healing and relaxing procedures for the body.

- Special facial massage (firming, rejuvenating, via facial skin lifting effect) - 20 minutes;
- Facial mask (collagen, gold, green tea, citrus, via various minerals) - 15 minutes;
- Head massage 30 minutes;
- Four-hand massage. 60 minutes.

Dinner and overnight in Tskaltubo.

## **Day 5: Tskaltubo Balneological Resort (Body exfoliation and bath)**

Breakfast at the hotel. Have a relaxing day with 2 healing and relaxing procedures for the body.

- Rice and almond delicacy + Eastern scrub - complete exfoliation of the body, removal of dead cells, nourishing-moisturizing and elasticity increasing procedure. 90 minutes;
- Cleopatra's bath. 100 minutes.

Dinner and overnight in Tskaltubo.

## **Day 6: Tskaltubo-Tbilisi Sulphur Baths**

Breakfast at the hotel. Drive back to Tbilisi.

Check-in at the hotel. Have a rest. In the evening visit sulfur bathhouse near your hotel. Upon entering the bathhouse, you'll be greeted by the smell of sulfur and the warm, inviting atmosphere. You'll be given a private room with a marble tub filled with warm water and sulfur, which is believed to have healing properties for various ailments.

Once you're settled in, you can relax and unwind in the soothing waters while the attendants provide you with a gentle massage. The steam and heat of the bath will open your pores, detoxify your skin, and leave you feeling refreshed and rejuvenated.

Overnight in Tbilisi.

## **Day 7: Tbilisi Balneological Resort (Thalasso Vichy, hot stones & mud massage)**

After breakfast visit Tbilisi Balneological Resort and have spa-balneo procedures.

First is Thalasso Vichy with fresh water - Talaso Vishi is a process of water purification that represents the latest, modern technology in water treatment and is capable of restoring blood circulation using water and improving metabolism, relieving chronic fatigue syndrome, and improving overall health.

Procedure duration is 40 minutes.

Second procedure is - Hot stones and mud massage - Relaxation massage can relieve stress, sooth your nerves, boost circulation, infuse you with energy, enhance your flexibility and sensitivity. This can help you restore and sustain your productivity at work and even improve the functioning of vital organs.

Free evening.

Overnight in Tbilisi hotel.

## **Day 8: Tbilisi - Transfer to the Airport**

Breakfast at the hotel. Check out time is 12:00. Transfer to the Airport for departure.

We wish you nice flight back home and hope to greet you again in Georgia.

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## Inclusions

## Included

### Private Transportation:

- 2 x Tbilisi Airport Private transfers to/from Tbilisi hotel by a comfortable vehicle
- Transportation by comfortable A/C Vehicle (sedan/minivan)

### Private 1 staff:

- Professional guide/driver service during the tour (except days 4, 5)

### Accommodation:

- 4 x overnights in Tbilisi 4\* hotel
- 3 x overnights in Tskaltubo Park hotel

### Meals:

- 7 x Breakfasts at the hotel on days 2- 8
- 3 x Dinners at the hotel on days 3, 4, 5
- 2 x bottles of water per person

### Procedures:

- Heavy legs + pressotherapy
- Special facial massage (firming, rejuvenating, via facial skin lifting effect) - 20 minutes
- Facial mask (collagen, gold, green tea, citrus, via various minerals) - 15 minutes
- Head massage 30 minutes
- Four hand massage. 60 minutes
- Rice and almond delicacy + Eastern scrub - complete exfoliation of the body, removal of dead cells, nourishing-moisturizing and elasticity increasing procedure. 90 minutes
- Cleopatra's bath. 100 minutes
- Tbilisi sulfur bathhouse
- Thalasso Vichy with fresh water
- Hot stones and mud massage

### Other:

- All taxes

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## More Info

## Additional Info

To arrange extra services, Solo trip and pre-tour (post-tour) hotel overnights, contact us at [trips \[at\] georgianholidays.com](mailto:trips@georgianholidays.com) / [tamar \[at\] georgianholidays.com](mailto:tamar@georgianholidays.com)

## Cancellation Policy

Cancellation is free of charge prior 14 days of the starting day.

- The booking deposit 100 USD is non-refundable.

If Tourist cancels the booked tour for some reasons not depending on Tour Operator, the following sums are kept back as a fine:

- 50% of the total cost of tourist product in case of tour cancellation 5 days or less prior to the tour;
- 100% of the total cost of the tourist product due to the Tourist's failure to appear.

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## Gallery

